



PLANNING YOUR SAFETY WITH COURT ORDERS, THE POLICE AND THE CRIMINAL JUSTICE SYSTEM

Regarding Court Orders

- Request to have personal information about you removed from any court orders wherever possible.
- Keep numerous copies of any court orders. Carry a copy with you at all times.
- Give a copy of any court orders to your employer, your school and/or your children's school, or child care provider.
- Advise neighbours, friends, boss, co-workers and teachers that you have these court orders and request that they call the police if they see the abuser
- Provide these people with a picture and/or description of the abuser and his vehicle.
- Contact your lawyer, the police, a shelter or other 24 hour services if you have any questions about the court orders
- Notify police of every violation of a court order and request an occurrence number (reference number) from the police each time
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Regarding the Police

- Call 911 or your police emergency number if you need immediate assistance; if the abuser has threatened to hurt you, is hurting you, or you feel that they are going to hurt you
- If the abuser has been arrested, contact the investigating officer, Victim Support Line or Victim/Witness Assistance Program to find out when their bail hearing is and if the abuser has been released, what their bail conditions are. Ask that a copy be mailed/emailed to you at a secure address.
- Ask the police for their recommendations about alarm systems.
- Request that the police put a Special Address System Report on your address. This will include important information describing the abuser and their vehicle, if they use drugs or alcohol, if they have a history of violence or access to weapons.
- Take a support person with you if you are meeting with a police officer or an attorney
- If you are not feeling satisfied with the response from the police you can ask to speak to a supervisor or you can make a complaint with the Professional Standards Section.



Additional Information

- Keep a detailed journal of every suspected or known contact from the abuser. Include date, time, what happened and who else witnessed it if there was one
- Ask Victim/Witness Assistance Program to provide you with a copy of the abuser's bail papers. The bail conditions generally outline what the abuser can and cannot do (no direct or indirect contact with the victim, or not to be within 500 meters of the victims address)